

Colorado Coaches of Girls' Sports All-State Games March 2012 Page 1 of 3

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ON PRACTICE DAY --

- 1. Bring both school uniforms (light and dark) for pictures right after you register Saturday morning and to wear for the game on Sunday.
- 2. Plenty of practice clothes: warm ups, shoes, socks, water bottle, etc.
- 3. Medical Statement and Release Form.
- 4. Participation fee (\$75.00) and additional money for banquet reservations for guests. It is acceptable to write one check. Commemorative t-shirts and shorts will be available.
- 5. Camera
- 6. Dressy attire for banquet. You will be introduced after dinner as you receive your CCGS All-State Award.

ON GAME DAY --

Game day tickets are: \$4.00 adult, \$2.00 CCGS members, students and senior citizens (55+). Non-school age children are free. CCGS is a non-profit organization, money from ticket sales allow us to continue to sponsor the Games. A concession stand will be available.

Again, CONGRATULATIONS on receiving this special All-State honor. We hope to make this a memorable experience ending your high school basketball career.

<u>March 24</u> 9:00 a.m. (All Teams)	Arvada West High School Athletes Check-In. Team pictures following check-in.	
	CCGS All-State basketball practice – practice will end at approx. 4:00 p.m. Shower facilities will be available.	
7:00 p.m.	CCGS All-State banquet honoring athlete and family – DoubleTree Hotel – Westminster, 8773 Yates Drive – 303-427-4000	
March 25	Arvada West High School	
9:00 a.m.	1A CCGS All-State Basketball Game	
10:30 a.m.	2A CCGS All-State Basketball Game	
12:00 p.m.	3A CCGS All-State Basketball Game	
1:30 p.m.	4A CCGS All-State Basketball Game	
3:00 p.m.	5A CCGS All-State Basketball Game	



CCGS All-State Games Medical Statement and Release Form

(Please Print)		
Athlete's Name:	School:	
Home Address:		
Parent/Guardian:	Phone:	
Emergency Contact & Phone Number (if Pa	arent/Guardian cannot be reached)	
Physician:	Phone:	
Insurance Company:	Policy #:	
HISTORY (Please explain any "Yes" answers) Any injuries/surgeries during the past year? Any current medical problems? Any current or past heart problems? Any current medications being taken? Does your child have any allergies to medications? Any additional medical information that we should know	ow about?	

RELEASE/CONSENT

I hereby state that my daughter is in excellent physical condition, for which I assume full responsibility. SHE HAS ON FILE AT HER HIGH SCHOOL, A CURRENT PHYSICAL AND STATEMENT BY PHYSICIAN FOR ATHLETIC PARTICIPATION. Her activity should not be limited or participation hindered because of any physical ailment. If her physical condition should change between now and the completion of the All-State Games, I will notify you. I authorize the staff of the CCGS All-State Games to act for me according to their best judgment in any emergency requiring medical attention and I also waive and release CCGS from any injuries or illnesses incurred while participating in the Games.

_____ Date: _____

Parent or Guardian's Signature



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SAMPLE ONLY!

Colorado Coaches of Girls' Sports All-State Games

Press Information

has been chosen to participate in the Colorado Coaches of Girls' Sports (CCGS) All-State Basketball Games. The Games will take place on Sunday, March 25, at Arvada West High School in Arvada. The first game starts at 9:00 a.m. and will represent athletes from the 1A division, 2A starts at 10:30 a.m., 3A action starts at 12:00 p.m., 4A at 1:30 p.m. and 5A at 3:00 p.m.

CCGS began sponsoring an All-State Basketball Game in 1978 to provide girls a showcase for talent. Each senior athlete is nominated by coaches in her league, while coaches representing all the leagues make the final selection of 90. Players are chosen based on talent, dedication, team play and leadership.

(This is a <u>sample</u> press release. Please add your personal data, i.e. records, GPA, etc. Include a picture. Submit to your local newspapers.)