

# THE COACHES' COMMENT

A Publication of the Colorado Coaches of Girls Sports

October 2018

## *President's Message*

### “MEANS, MOTIVE, OPPORTUNITY”

**Means:** an action or system by which a result is brought about.

**Motive:** a reason for doing something

**Opportunity:** a set of circumstances that makes it possible to something

When you hear or read those three words, they belong in a police dialog or a crime novel. They aren't three words that you would associate with coaching UNLESS you step outside the box. Means, motive and opportunity are perfect in the coaching world.

According to the above definition of “**means**,” as coaches we need to have a system and philosophy in place for our teams. This system should answer the main question of “How are we going to achieve our goals?”

“**Motive**” is the easiest of these three words, **BUT** do we have the correct motivation? Being a good coach is a selfless job. Your job should never be about you. It is about what can you do to help and teach everyone involved with your program. We can teach athletic skills and about life and personal situations, but we also need to become a productive part of our community and learn how to be a servant leader.

“**Opportunity**” is about taking advantage of each and every opportunity that presents itself. Seek out opportunities. Utilize resources like other coaches within your building...watch their practices, pick their brain. Is there a college nearby? Ask to attend their practice. Continue to be a student of the game; always be willing to learn more!

Remember: **MEANS-MOTIVE-OPPORTUNITY**

All the best to everyone this year!  
Terri Ward, President CCGS



Inside this  
Issue

- President's Message
- 2017 CCGS Hall of Fame Recipient
- Dates for All-State Games  
Selection meeting, banquets and games weekends.
- Softball Information & All-State Ballot
- Volleyball Information & All-State Ballot
- Basketball Information
- Ruby Miller Golf Tourney Recap
- Sportswomen of CO Nomination Info

## CCGS All-State Games Schedule

Softball Selection Meeting, Sunday, Oct. 21

Monarch K-8: 9AM selection

Softball Brunch, Sunday, Nov. 4 11:00AM

DoubleTree by Hilton Westminster

Softball Games, Sunday, Nov. 4 2:30PM

Christopher Fields, Westminster

Volleyball Selection Meeting, Sunday, Nov. 11

Aspen Creek K-8 9:30 AM

Volleyball Banquet, Saturday, Nov. 17 6:00PM

DoubleTree by Hilton Westminster

Volleyball Matches, Sunday, Nov. 18

Arvada West HS, 9AM to 4:00PM

Basketball Selection Meeting, Sunday, Mar 10,

Skyview HS 9:30AM

Basketball Banquet, Saturday, Mar 16 6:00PM

DoubleTree by Hilton Westminster

Basketball Games, Sunday, March 17

Arvada West HS, 9AM to 4:00PM



## IMPORTANT DATES & VOTING INFORMATION...

Hello Softball Coaches!

I hope that this letter finds you enjoying the wonderful sport of softball as you are in the midst of your season. As most of you know, the all-state softball games started with CCGS in 1987 and have been a great way to recognize female athletics across the state. Additionally, the games have carried female athlete recognition across the country; however, these games do not happen without the help of all of you. For this, I cannot thank you enough.

**IMPORTANT DATES:** Please mark you calendars for the following:

**Your League Meeting:** Take a ballot to your (end of the season) league meeting. You can find one in any of the following locations:

The back of your CHSAA Softball Bulletin

This letter

Our CCGS website: [www.colocgs.com](http://www.colocgs.com)

A future email from CHSAA reminding you of the process

**\*\* Fill out ballot and email or email it back to me by Friday **Oct 19th**\*\***

**Selection Meeting:**

Date: Oct. 21, 2018

Location: Monarch PK8; 263 Campus Dr, Louisville, 80027

Time: 9:00 am

You can update your membership at this meeting; Head coach = \$30, Asst Coach = \$15 (it needs to be current in order to vote or coach in the games; only one vote per team)...we only take cash and checks.

**All-State Softball Banquet/Games:**

Date: November 4, 2018

Location: Banquet at Double Tree & Games at Christopher Fields (both in Westminster)

Time: **BANQUET**

**GAMES**

9:00 - 9:45 Registration

- 12:30 Field Gates open

9:45 - 10:30 Team meeting

- 12:45 - 2:15 Team Pictures/Warm-up

10:30 Banquet doors open

- 2:15 Ceremony & games to follow

**Ballot and voting:** The only requirement is that the athlete is a SENIOR.

The number-one slot is an automatic entry to the games (so that we support our philosophy of having all-state representation).

The ballot consists of 3 non-pitcher slots. Players in slots 2 – 13 will be voted on during the selection meeting on Oct 25 – their ballot position has no impact on the decision – it will strictly be done by votes.

Players not selected for the game will be used as alternates only if needed ... DO NOT tell the athlete that they have made the team – feel free to express that they have been NOMINATED if you choose.

**NEW-NEW-NEW:** If you have a player who is placed on the ballot for selection, you will need to pass along information to her on Sunday Oct 21 if she is selected.; therefore, you or a representative should be at the meeting.

I cannot express the gratitude that I have for you. Not only with the help that you give me each year in making the games a success but, most importantly, for all the work that you do for your softball players. The impact is endless (it makes up for the pay ☺).

***Please come to selection meeting so that you can talk up your player and get them into the games.***

I will see you at Monarch K8 on Sunday Oct 21, 2018 starting @ 9 am (coffee and breakfast items provided).

I wish you the best for your season.  
Respectfully,

Khara West  
[khara.west@bvsd.org](mailto:khara.west@bvsd.org)

Brittney Gutierrez  
[Brittney.gutierrez@bvsd.org](mailto:Brittney.gutierrez@bvsd.org)

## Colorado Coaches of Girls' Sports (CCGS) All-State Softball Ballot 2018

League: \_\_\_\_\_ Classification: \_\_\_\_\_ NAME (person filling this out): \_\_\_\_\_

School: \_\_\_\_\_ Contact email: \_\_\_\_\_ Phone: \_\_\_\_\_

### MAKE A COPY OF THIS BLANK FORM PRIOR TO FILLING OUT AND SENDING IN - THANK YOU!

Nominate thirteen (or fewer) outstanding **senior** athletes per league (their being a senior is the **ONLY REQUIREMENT**). Use one ballot per classification. Your #1 listed will be an automatic into the all-state games and should represent your top "non-pitcher" player in your league. The players listed beyond the #1 spot will be voted on at the selection meeting. Select pitchers separately in the "Pitchers Only" section.

### PLEASE TYPE OR PRINT -- THIS INFORMATION IS CRITICAL FOR CONTACTING ATHLETES

	Name	School	Position (non-pitcher only)	Player Phone Contact #	Coach
1					
2					
3					
4					
5					
6					
7					
8					
9					
10					
11					
12					
13					

**Pitchers placed in any above entry will be moved down into the below section (if space is available). If there is no space, they will be dropped from the ballot.**

### ~~~ PITCHERS ONLY ~~~

Jersey #	Name	School	Position tact #	Player Phone Con-	Coach
			P		
			P		
			P		

**--OVER--**



## Welcome to an exciting new season of Colorado High School Volleyball!!! CCGS is excited to see the new format at the state tournament.

Important information below:

### **CCGS ALL- STATE BALLOT INFORMATION:**

Please take the ballot (located online: CHSAA Bulletin and at [www.colocgs.org](http://www.colocgs.org)) to the league meeting and complete the required information. Please submit the ballot no later than the Friday before the regional tournament. ***The All-State selection meeting will always be the Sunday following the state tournament.***

Ballot process: Please use eight slots **to rank** your SENIORS from your league. This is the order that your athletes will be listed on the comprehensive ballot. Please submit one ballot for multi-class conferences ranked. We will separate those for the breakout meetings. If you have divisions in your league, please submit one ballot per division. Be sure to fill in all the necessary information (phone number is a must). **Be specific on positions** (setter, middle hitter, outside, opposite). CCGS will select 4 setters, 2 liberos, and 12 others for All-State recognition per classification. This is a nomination ballot only.

### **CCGS SELECTION MEETING INFORMATION:**

The meeting will be at Aspen Creek K-8 (Broomfield) on 11/11 at 9:30 a.m. Please go to [www.colocgs.org](http://www.colocgs.org) to get information regarding the ballot, meeting, and expectations. You must be a CCGS member to vote for athletes. Membership is on the website.

### **CCGS PRACTICE/BANQUET/ GAME INFORMATION:**

**Practice** will be held on Saturday, November 17<sup>th</sup> with a coaches meeting at 10:00am followed by registration of athletes, pictures, practice, and scrimmages. The **banquet** will be on Saturday, November 17<sup>th</sup> at 6:00pm, doors open at 5:30pm at the Double Tree Westminster, 92<sup>nd</sup> Sheridan / east on 92<sup>nd</sup>, 1<sup>st</sup> right Yates, south to Hotel. The **games** will be held on Sunday, November 18<sup>th</sup>. Game times are as follows: 1A - 9:00am, 2A - 10:30am, 3A - 12:00pm, 4A - 1:30pm, and 5A - 3:00pm.

***CCGS is in need of announcers and score keepers for the games on November 18, 2018.***

***Games are at 9:00/10:30/12:00/1:30/3:00. Please contact Lisa or Dave if interested.***

Go to the website [www.colocgs.org](http://www.colocgs.org) for membership and ballot information

If you have any questions please contact: Lisa Schumacher - [schumacherl@re1valleyschools.org](mailto:schumacherl@re1valleyschools.org) or David Walck - [dwalck@garfield16.org](mailto:dwalck@garfield16.org)

**Good luck with your season; see you in November!**

Lisa Schumacher  
CCGS Volleyball Chair



**COLORADO COACHES OF GIRLS SPORTS  
VOLLEYBALL ALL-STATE BALLOT**

Please take to your league meeting and complete the required information. Please submit the ballot no later than the Friday before the regional tournament. The All-State selection meeting will always be the Sunday following the state tournament. The meeting will be at Aspen Creek K-8 (Broomfield) on 11/11 at 9:30 a.m. Please go to [www.colocgs.org](http://www.colocgs.org) to get information regarding the ballot, meeting, and expectations; or you can contact the representatives below.

FOR CCGS: All representatives must be members of CCGS to be able to vote. It is important to send a copy of this ballot to:

**1A, 2A, 3A to Lisa Schumacher**  
401 West Broadway  
Sterling, CO 80751  
(w)-970-522-2944  
(fax)-970-522-2900  
schumacherl@re1valleyschools.org

**4A and 5A to Susan Odenbaugh**  
1300 Higby Road  
Monument, CO 80132  
(w)-719-488-4720  
(fax)-719-488-4723  
sodenbaugh@lewispalmer.org

**DIRECTIONS:** Please use eight slots to rank your **SENIORS** from your league. This is the order in which your athletes will be listed on the comprehensive ballot. Please submit **one ballot** for multi-class (i.e. 1A/2A mixed league) conferences, and they must be ranked. CCGS will separate those for the breakout meetings. If you have divisions in your league (i.e. north/south), please submit one ballot per division. Be sure to fill in all the necessary information (**phone number is a must**). Be specific on positions (setter, middle hitter, outside, opposite). CCGS will select 4 setters, 2 liberos, and 12 others for All-State recognition per classification. This is a nomination ballot only.

<u>Name – Please PRINT</u>	<u>High School</u>	<u>Position</u>	<u>Phone</u>
1.			
2.			
3.			
4.			
5.			
6.			
7.			
8.			

**ALL OR THE MAJORITY OF THE COACHES IN THE LEAGUE MUST SIGN THIS BALLOT IN ORDER FOR IT TO BE VALID! DEADLINE IS FRIDAY BEFORE REGIONAL TOURNAMENT.**

LEAGUE \_\_\_\_\_ CLASSIFICATION \_\_\_\_\_

_____	_____
_____	_____
_____	_____
_____	_____
_____	_____

## **CCGS Ruby Miller Scholarship**

**Purpose:** Colorado Coaches of Girls Sports (CCGS) wishes to recognize one or more outstanding female athletes who are graduating high-school seniors and who plan to go into the coaching of girls' sports.

**Scholarship Award:** One to four awards of \$1,000 each will be presented at the All-State Basketball Games Banquet each year in March.

**Scholarship Procedure:** Nominations are to be submitted on the official CCGS entry form. Copies may be made for distribution to qualified applicants. An **official transcript** (including first semester of the senior year) and **two letters of recommendation** (only one of which may be written by a coach) must accompany the application. Decisions of the scholarship committee are final.

### **Applicant Requirements:**

1. Applicant must plan a career in the coaching of girls' sports.
2. Applicant must be a graduating high-school senior with a cumulative GPA of 3.0 after the first semester of her senior year.
3. Applicant must be a girl who has competed in sanctioned CHSAA sport(s) and is a resident of Colorado.
4. Applicant must plan to attend an accredited college or university.
5. Applicant must submit completed application by February 12 in the calendar year of the award.

**COPIES OF BOTH PAGES (SIDES) MAY BE MADE FOR DISTRIBUTION TO QUALIFIED ATHLETES. BE SURE TO COPY BOTH PAGES (SIDES) AND READ BOTH PAGES (SIDES) CAREFULLY.**

**APPLICATION, TWO LETTERS OF RECOMMENDATION, AND OFFICIAL TRANSCRIPT MUST BE RECEIVED AS A PACKET BY CCGS BY FEBRUARY 12 OF THE YEAR OF THE AWARD.**

**COLORADO COACHES OF GIRLS SPORTS RUBY MILLER SCHOLARSHIP APPLICATION**

**TO BE COMPLETED BY THE STUDENT/ATHLETE APPLICANT:**

NAME \_\_\_\_\_ Date of Birth \_\_\_\_\_ E-mail \_\_\_\_\_

STREET ADDRESS \_\_\_\_\_ CITY \_\_\_\_\_ ZIP CODE \_\_\_\_\_

HOME PHONE \_\_\_\_\_ HIGH SCHOOL NAME \_\_\_\_\_ CUM. GPA \_\_\_\_\_

SCHOOL COUNSELOR OR ADMINISTRATOR \_\_\_\_\_ PHONE \_\_\_\_\_

PARENT(S): \_\_\_\_\_ WORK PHONE \_\_\_\_\_

\_\_\_\_\_ WORK PHONE \_\_\_\_\_

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**ATHLETIC ACCOMPLISHMENTS** (high school only, grades 9-12):

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**OTHER EXTRACURRICULAR** (school/community) **ACTIVITIES, HONORS, ATHLETICS:**

**ACADEMIC AND CAREER GOALS:**

**REASONS FOR DESIRING TO COACH:**

**THIS APPLICATION, LETTERS OF RECOMMENDATION, AND OFFICIAL TRANSCRIPT ARE TO BE RECEIVED AS A PACKET BY FEBRUARY 12.**

**MAIL TO:  
CCGS Ruby Miller Scholarship  
Attention: Mary Kvamme  
6483 Nile Ct.  
Arvada, CO 80007**

Include additional pages, if necessary.



## 2018 Helen McCall Coach of the Year Ron Rossi, Holy Family

Ron Rossi from Holy Family HS is the 2018 CCGS Helen McCall Coach of the Year. Coach Rossi, an athlete himself, lettered in basketball (2 yrs.), tennis (3 yrs.), and gymnastics (3 yrs.) at Arvada West HS. He then went on to attend Colorado College where he lettered in basketball (4 yrs.) and diving (3 yrs.).

A math major, Ron secured a teaching job in Jefferson County. He taught math at Arvada West HS for two stints ('71-'76 and '93-'04) and taught math at Lakewood HS from '76-'93 in the interim. While teaching in Jefferson County, Coach Rossi coached a variety of sports. He was the varsity gymnastics coach from '71 – '74 and the assistant boys' basketball coach from '71-'76 at Arvada HS. Ron also was the head girls' and boys' tennis coach at both Arvada and Lakewood from '71 – 2004. While teaching at Lakewood, he was also the varsity boys' basketball coach from '76-'93. Softball was finally sanctioned by CHSAA and who else but Ron Rossi took over as varsity softball coach for Arvada from '97-'04.

In 2004, Holy Family HS lured Coach Rossi away from Jefferson County, and that is where he has been ever since. Coach Rossi teaches math and Lifetime Fitness at Holy Family along with his coaching duties. At Holy Family Coach Rossi has built a dynasty. His girls' basketball teams have won six 3A state championships, had one Final 4 appearance, one Elite 8 appearance, and has had two teams in the Sweet 16. His Holy Family teams have won 10 consecutive league championships. He has had 15 players go on to play at the collegiate level and has had 7 players or assistant coaches go on to become varsity basketball coaches. Overall, his combined Lakewood boys' and Holy Family girls' basketball record is 482-288 with the Holy Family girls racking up a 312-73 win/loss record.

Coach Rossi has supported his athletes and other athletes from around the state by participating in basketball camps or clinics for 47 years. He was the YMCA Basketball Camp Director for 5 years and has worked with the Gold Crown Foundation as basketball camp director for 32 years.

Obviously, a winner, Ron Rossi has garnered many awards. In Jefferson County he was named Coach of the Year in three different sports: boys' basketball, tennis, and softball. Other awards include Tri-Valley Basketball Coach of the Year in '16 & '18; Metro League Basketball Coach of the Year five times; Colorado 3A Basketball Coach of the Year in '08, '11, '13, & '14; and he was the All-Colorado Girls' Basketball Coach of the Year in 2008.

CCGS appreciates the dedication Ron has shown supporting both his softball players and basketball players. He has coached in the CCGS All-State Softball and Basketball Games. He continues to support his players at the CCGS All-State selection meetings. Ron is enthusiastic and committed to the success of female athletes!

**CCGS**  
**Colorado Coaches of Girls Sports**

*Basketball*



**Attn: High School Basketball Coaches**  
**From: David Huss/Merci Ames/Chris Kemm, Chairs, CCGS Basketball Committee**

October 2018

Since 1978, the Colorado Coaches of Girls' Sports (CCGS) has honored outstanding female basketball players at the CCGS All-State Basketball Games. This year's event will take place on **Sunday, March 17<sup>th</sup>, at Arvada West High School.**

**Sunday March 10<sup>th</sup> is the Selection** meeting at **\*\*SKYVIEW HIGH SCHOOL, \*SKYVIEW HIGH SCHOOL\*** 8960 York St., Thornton, CO 80299 You **MUST** be a member of CCGS to nominate an athlete & vote.

On **Saturday morning March 16<sup>th</sup>** there will be a **mandatory** Coaches meeting at 8:30 AM, and the athletes will start checking in at 9:00 AM at Arvada West High School. The day will consist of pictures, practice, and scrimmages. Lunch will be provided. This will conclude around 4PM.

The **Banquet**, held to honor the players, will be at **6PM at the Double Tree Hotel in Westminster**, 8773 Yates Drive, (303) 427-4000. **Mention CCGS for a special rate.**

The **Games begin the following day at 9AM** with 1A followed by 2A at 10:30, 3A at 12:00, 4A at 1:30PM and 5A at 3PM. Again, the games will be held at Arvada West High School. **\*\*If you have any questions, please contact any one of the following:**

**School/Cell**

**David Huss (970)522-1041/970-520-3522**

**Merci Ames (303)622-9211/720-334-2874**

**Chris Kemm (720)256-6672**

**hussd@re1valleyschools.org**

**mames@strasburg31j.com**

**ckemm@mwcu.com**

-over-

**COLORADO COACHES OF GIRLS' SPORTS**  
**ALL-STATE BASKETBALL BALLOT**

This ballot can be filled out and sent online at [www.colocgs.com](http://www.colocgs.com) click on "All-State ballot"  
You can also print this form at the CCGS web site; click on "Forms."

LEAGUE: \_\_\_\_\_ CLASSIFICATION: 1A 2A 3A 4A 5A (circle)

LEAGUE REP: \_\_\_\_\_ HOME PHONE: \_\_\_\_\_ CELL: \_\_\_\_\_

SCHOOL: \_\_\_\_\_ WORK PHONE: \_\_\_\_\_ (IMPORTANT)

E-MAIL: \_\_\_\_\_

**INSTRUCTIONS:**            **Faxes must be received by Thursday Feb 28<sup>th</sup>**

**1. Nominate six outstanding senior athletes in your league. Indicate in order of preference. Make sure to rank them 1-6. No ties! Make sure you have the correct rankings!**

**NEW – 1 Ballot Per League REGARDLESS of multiple classification**

**2. Form must have signatures from each coach in order to be valid**

**Fax 1A/2A forms to David Huss, (970-522-0209) or e-mail to [hussd@re1valleyschools.org](mailto:hussd@re1valleyschools.org)**

**Fax 3A forms to Merci Ames, Strasburg HS (303-622-6921) or email [mames@strasburg31j.com](mailto:mames@strasburg31j.com)**

**Fax 4A/5A forms to Chris Kemm – Email Only - [ckemm@mwcu.com](mailto:ckemm@mwcu.com)**

**Make sure to have a representative at the selection meeting Sunday, March 10<sup>th</sup> at 9:30 am.**

**NEW\*\*\*Meeting will be held at \*SKYVIEW HIGH SCHOOL\* 8990 York St., Thornton, CO 80299**

**Please make sure the girls are going to actually be in town for the game and practice!**

**Practice (Arvada West HS) and Banquet (Double Tree) will be held Saturday March 17<sup>th</sup>**

**The All-State Games will be held at Arvada West High School on Sunday March 18<sup>th</sup>**

**Any questions call Merci Ames at (303)-622-9211 x 811 or David Huss (970) 520-3522 or Chris Kemm (720) 256-6672**

NAME	SCHOOL	POSITION	(Athlete) PHONE #/E-MAIL
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____

**COACHES' SIGNATURES**

- |          |           |
|----------|-----------|
| 1. _____ | 2. _____  |
| 3. _____ | 4. _____  |
| 5. _____ | 6. _____  |
| 7. _____ | 8. _____  |
| 9. _____ | 10. _____ |

**PLEASE SEND OR FAX THIS FORM BY THURSDAY February 28<sup>th</sup>**



## Sportswomen of Colorado Nominations Deadline: Monday, December 17, 2018



Sportswomen of Colorado, Inc. will pay tribute to Colorado's outstanding female athletes, coaches, mentors, and others who have contributed to girls' and women's athletics at its 45th Annual Awards Banquet, Sunday, March 10, 2019. **Honors will be awarded for performance in 2018.** A media panel will select award winners for nominations submitted.

### **To Nominate An Award Winner:**

1. Select a nominee and a category
2. Athletic Awards are based on performance during 2018; include a summary of 2018 achievements; see [www.sportswomenofcolorado.org](http://www.sportswomenofcolorado.org) for a nomination form.
3. Include interesting sidelights including scholastic and community service activities
4. Attach or mail in 1 - 2 letters of endorsement to:

Annie Hoskinson Executive Director  
Sportswomen of Colorado, Inc.  
100 S. Madison St., Suite 13B  
Denver, CO 80209  
Phone:303.331.0376  
[www.sportswomenofcolorado.org](http://www.sportswomenofcolorado.org)

**Remember to support your athletes and/or your athletic friends!**

**\*\*\*NOW ACCEPTING Nominations from the 2018 winter and spring season!**

## **SIXTEENTH ANNUAL RUBY MILLER SCHOLARSHIP SCRAMBLE** ***Presented by DoubleTree by Hilton Denver-Westminster***



Eighty golfers enjoyed the sunny skies at Lake Arbor Golf Course in Arvada on June 1. The 8:00 a.m., shotgun competition was held in two flights--Women and Co-ed. The highly-competitive women's flight was won by a team put together by former softball coach, *Kim Wells*. She and teammates, *Carolyn Bachamp*, *Winnie Lichtner*, and *Karen Chase* shot a 61. The coed flight was won with a fantastic score of 57 by *Sheri Hynes*, *John Hynes*, *Eric McCaw*, and *Joanie Landahl*.

Presenting sponsor (\$1000 donation) is ***DoubleTree by Hilton Denver-Westminster*** for the ninth year. Hole sponsors this year were ***Alpha Milling***, ***Drew Financial Services***, ***Arvada Vision Clinic***, ***Alpha Investment Strategies***, ***Arvada West Auto***, ***Arvada Recycling***, ***Doris Stipech (State Farm Insurance)***, and ***Telecom Pioneers***. Please remember our sponsors when you have need of services they could provide.

The golf tournament doesn't happen by itself. Volunteers make it happen. Debby Lavender, Diane Mulvany, Colleen Stradley, Judy Berry, Laura Fischer, Pat Latta, Severt Kvamme, Wes Madrill, Ava Schott, Susie Miller, and Chris Beal have given of their time and are appreciated. If you have ideas for the tournament or would like to get involved as a participant or as a volunteer, call Mary Kvamme at 303-421-8392.

**An application for the Ruby Miller Scholarship is included in this newsletter. Please encourage your senior athletes to apply.** The scholarships are presented to four seniors who have an interest in coaching. See other criteria on the application form which is to be received by Feb. 12, 2019. **That's our goal—to encourage young women to go into coaching as a career.**

