



Player Checklist

ON PRACTICE DAY --

1. Bring both school uniforms (light and dark) for pictures right after you register Saturday morning and to wear for the Game on Sunday.
2. Plenty of practice clothes: warm ups, shoes, socks, etc. Water bottle.
3. All Forms to be turned in.
4. Participation fee (\$75.00) and additional money for banquet reservations for guests. It is acceptable to write one check. No credit cards accepted. Commemorative t-shirts will be available.
5. Camera & film. Cash to get into the games on Sunday.
6. Dressy attire for banquet. You will be introduced after dinner to receive your CCGS All-State Award.

ON GAME DAY --

Game day tickets are: \$4.00 adult, \$2.00 CCGS members, students and senior citizens (55+). Non-school age children are free. CCGS is a non-profit organization, money from ticket sales allow us to continue to sponsor the Games. A concession stand will be available.

Again, CONGRATULATIONS on receiving this special All-State honor. We hope to make this a memorable experience ending your high school volleyball career.

November 15

Commitment/Information Sheet and Banquet Reservations Due!

November 19

Arvada West High School

10:30 am (RED teams)

Athletes Check-In. Team pictures following check-in.

10:45 am (BLUE teams)

November 19

CCGS All-State Volleyball Practice

Practice will end at approx. 3:00 p.m. Shower facilities will be available.

5:30 pm

DOORS OPEN – BANQUET (\$30)

6:00 pm

CCGS All-State Banquet honoring athlete and family
DoubleTree Hotel – Westminster, 8773 Yates Drive – 303-427-4000

November 20

CCGS Games – Arvada West High School

9:00 am

1A CCGS All-State Volleyball Game

10:30 am

2A CCGS All-State Volleyball Game

12:00 pm

3A CCGS All-State Volleyball Game

1:30 pm

4A CCGS All-State Volleyball Game

3:00 pm

5A CCGS All-State Volleyball Game



**CCGS All-State Games
Medical Statement and Release Form**

(Please Print) Please fax on Tuesday or bring with you on Saturday.

Athlete's Name: _____ School: _____

Home Address: _____

Parent/Guardian: _____ Phone: _____

Emergency Contact & Phone Number (if Parent/Guardian cannot be reached)

Physician: _____ Phone: _____

Insurance Company: _____ Policy #: _____

HISTORY (Please explain any "Yes" answers)

Any injuries/surgeries during the past year?

Any current medical problems?

Any current or past heart problems?

Any current medications being taken?

Does your child have any allergies to medications?

Any additional medical information that we should know about?

RELEASE/CONSENT

I hereby state that my daughter is in excellent physical condition, for which I assume full responsibility. SHE HAS ON FILE AT HER HIGH SCHOOL, A CURRENT PHYSICAL AND STATEMENT BY PHYSICIAN FOR ATHLETIC PARTICIPATION. Her activity should not be limited or participation hindered because of any physical ailment. If her physical condition should change between now and the completion of the All-State Games, I will notify you. I authorize the staff of the CCGS All-State Games to act for me according to their best judgment in any emergency requiring medical attention and I also waive and release CCGS from any injuries or illnesses incurred while participating in the Games.

Parent or Guardian's Signature

Date: _____



SAMPLE ONLY!

Colorado Coaches of Girls' Sports
All-State Games
Press Information

_____ has been chosen to participate in the Colorado Coaches of Girls' Sports (CCGS) All-State Volleyball Games. The Games will take place on Sunday, November 21, at Arvada West High School in Arvada, CO. The first game starts at 9:00 a.m. and will represent athletes from the 1A division, 2A actions starts at 10:30 a.m, 3A at 12:00 p.m. and 4A at 1:30 p.m. The 5A game begins at 3:00 p.m.

CCGS began sponsoring an All-State Volleyball Game in 1978 to provide girls a showcase for talent. Each senior athlete is nominated by coaches in her league, while coaches representing all the leagues make the final selection of 90. Players are chosen based on talent, dedication, team play and leadership.

(This is a **sample** press release. Please add your personal data, i.e. records, GPA, etc. Include a picture. Submit to your local newspapers.)